

# Purposes to use cooling vest

- To reduce thermal stress
- To increase performance
- To possibly create comfort



# Phase Change Material (PCM)

- Salt (TST vest)
  - Melting temperature: 28 °C



# Measurement methods

- Thermal manikin in climatic chamber
  - T-shirt, shorts
  - TST Vest
  - RB90 underwear
  - RB90 jacket and trousers
  - Manikin and air temperature: 38 °C

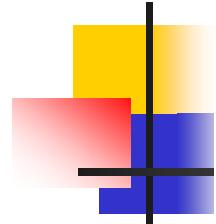


# Measurement methods

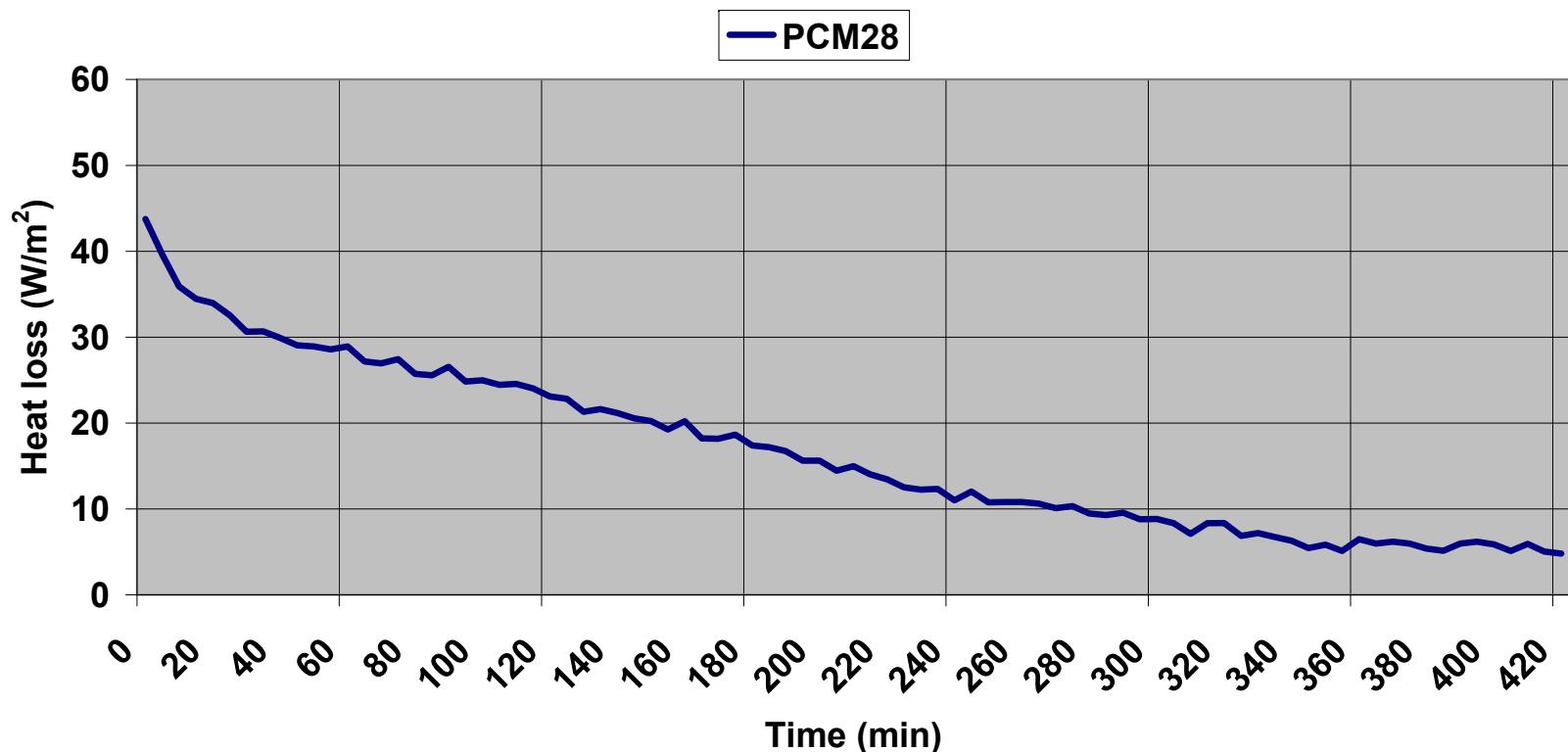
- Human subjects
  - T-shirt, shorts
  - TST Vest
  - RB90 underwear
  - RB90 jacket and trousers
- 20 min cycling ( $T_a=20\text{ }^{\circ}\text{C}$ )
- 30 min walking on treadmill  
(5 km/tim)
- $T_a=55\text{ }^{\circ}\text{C}$ , RH=30%



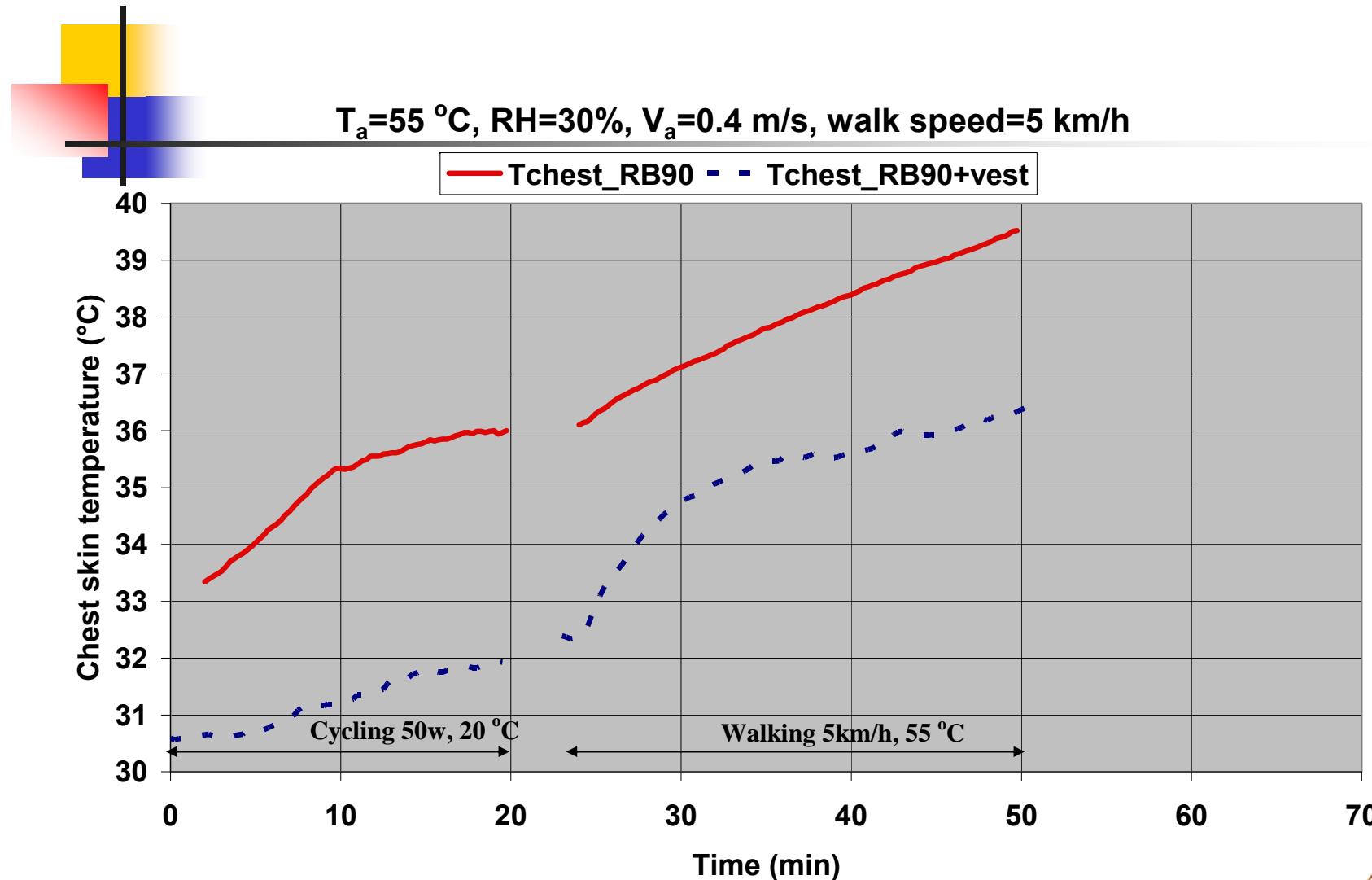
# Result: on manikin (38 °C)



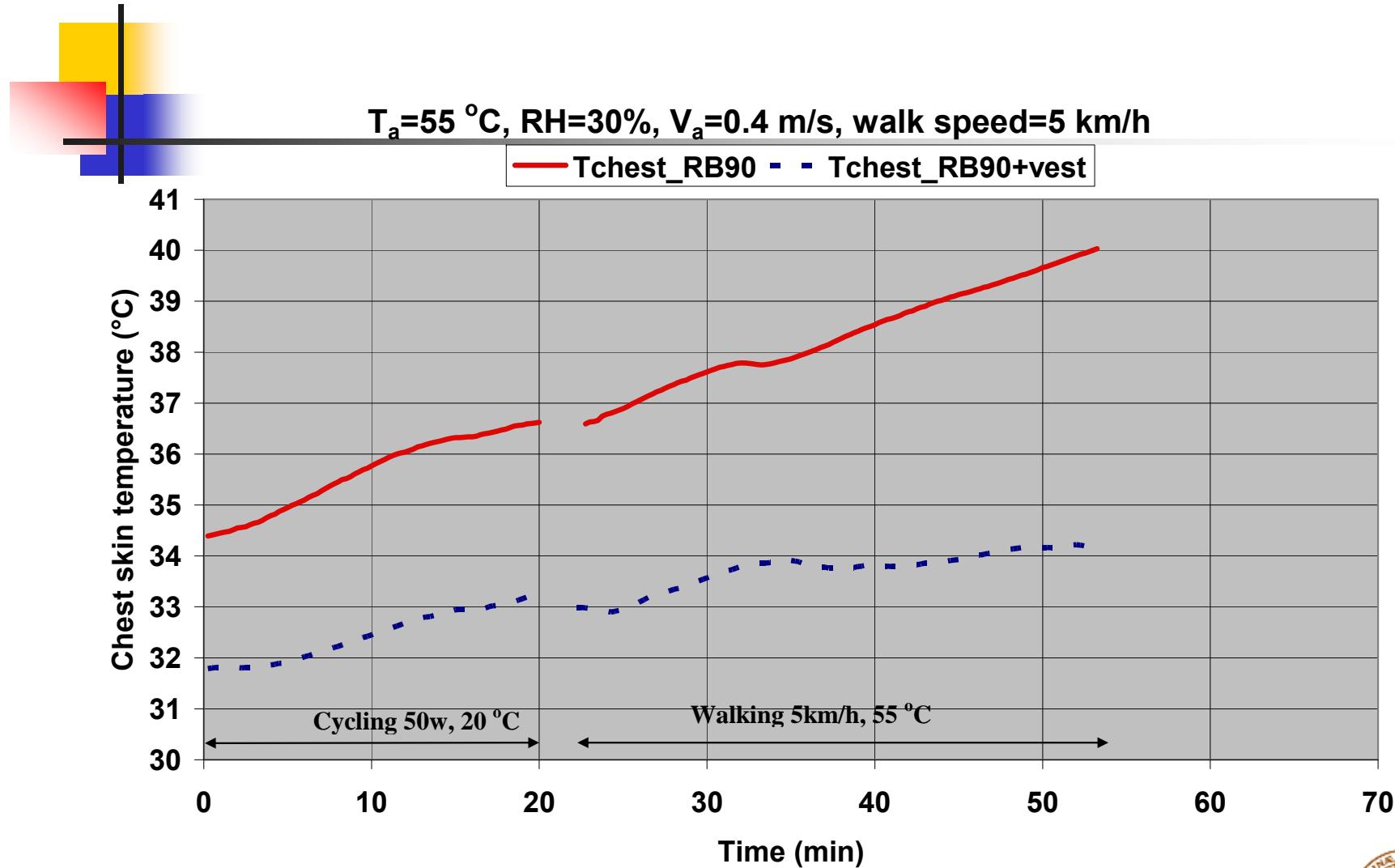
$T_a = T_{\text{manikin}} = 38 \text{ }^{\circ}\text{C}$ ,  $V_a = 0.4 \text{ m/s}$ , T-shirt, TST vest, RB90 UW+OW



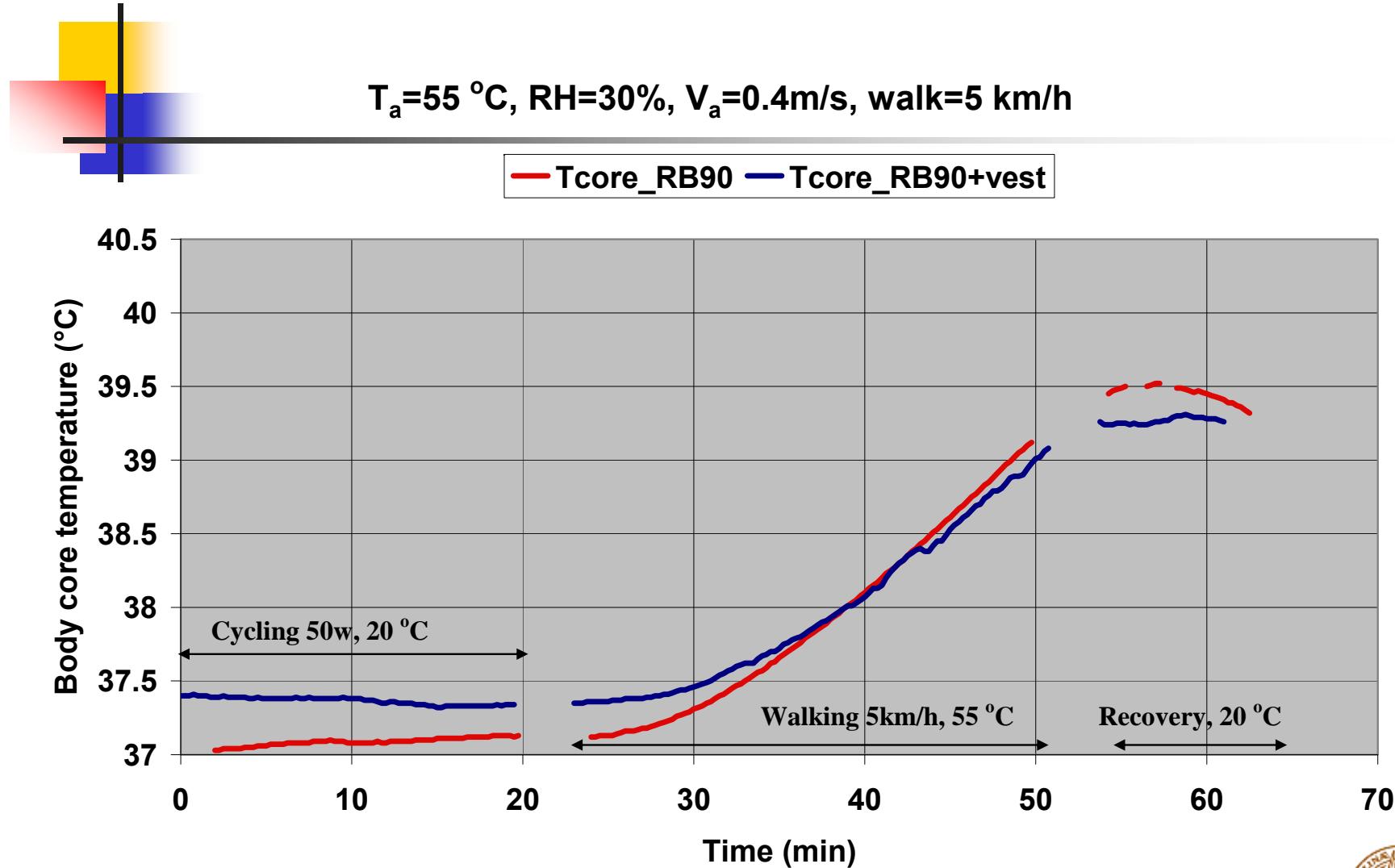
# Result: Chest temperature on subject 1



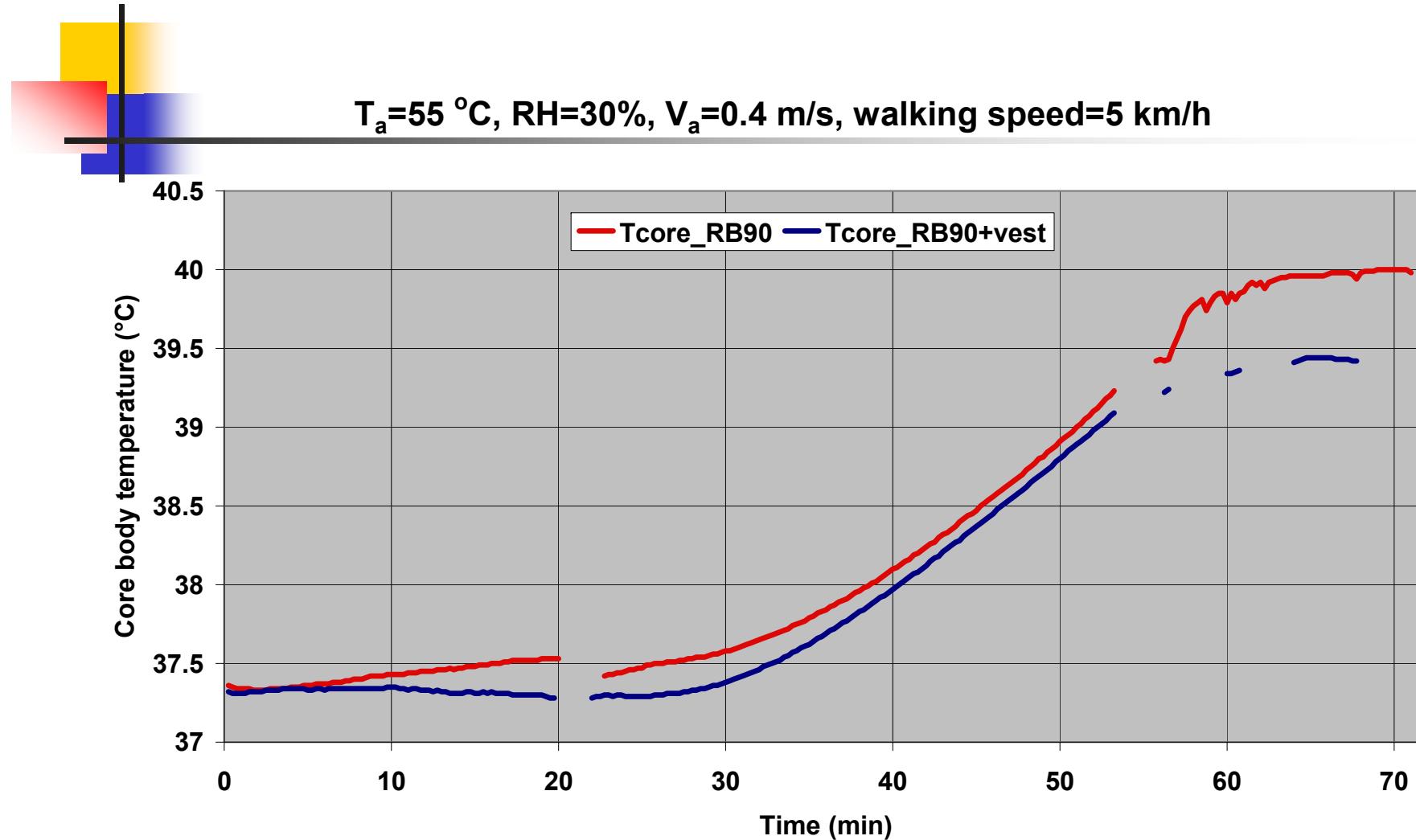
# Result: Chest temperature on subject 2



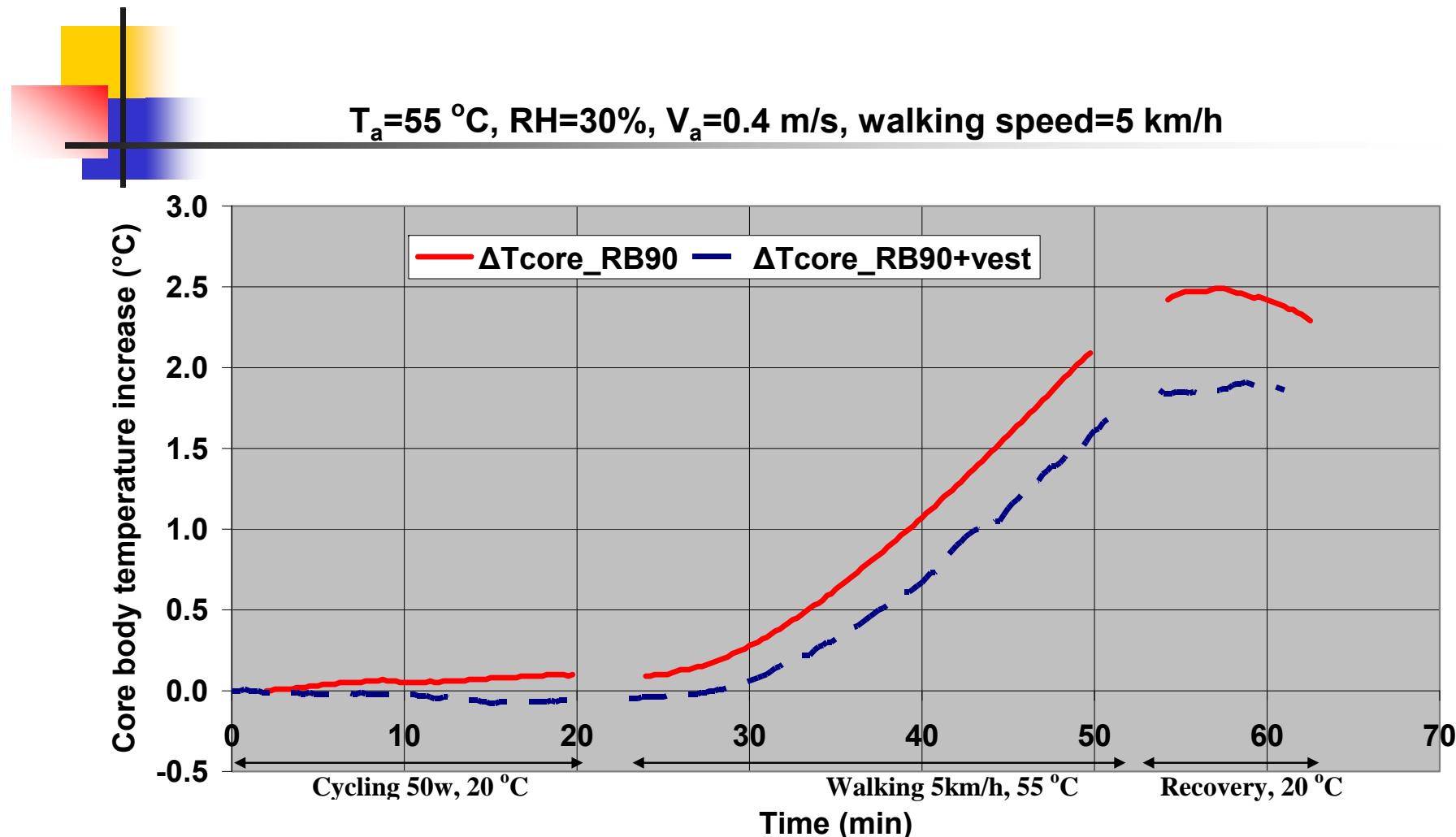
# Result: Body core temperature on subject 1



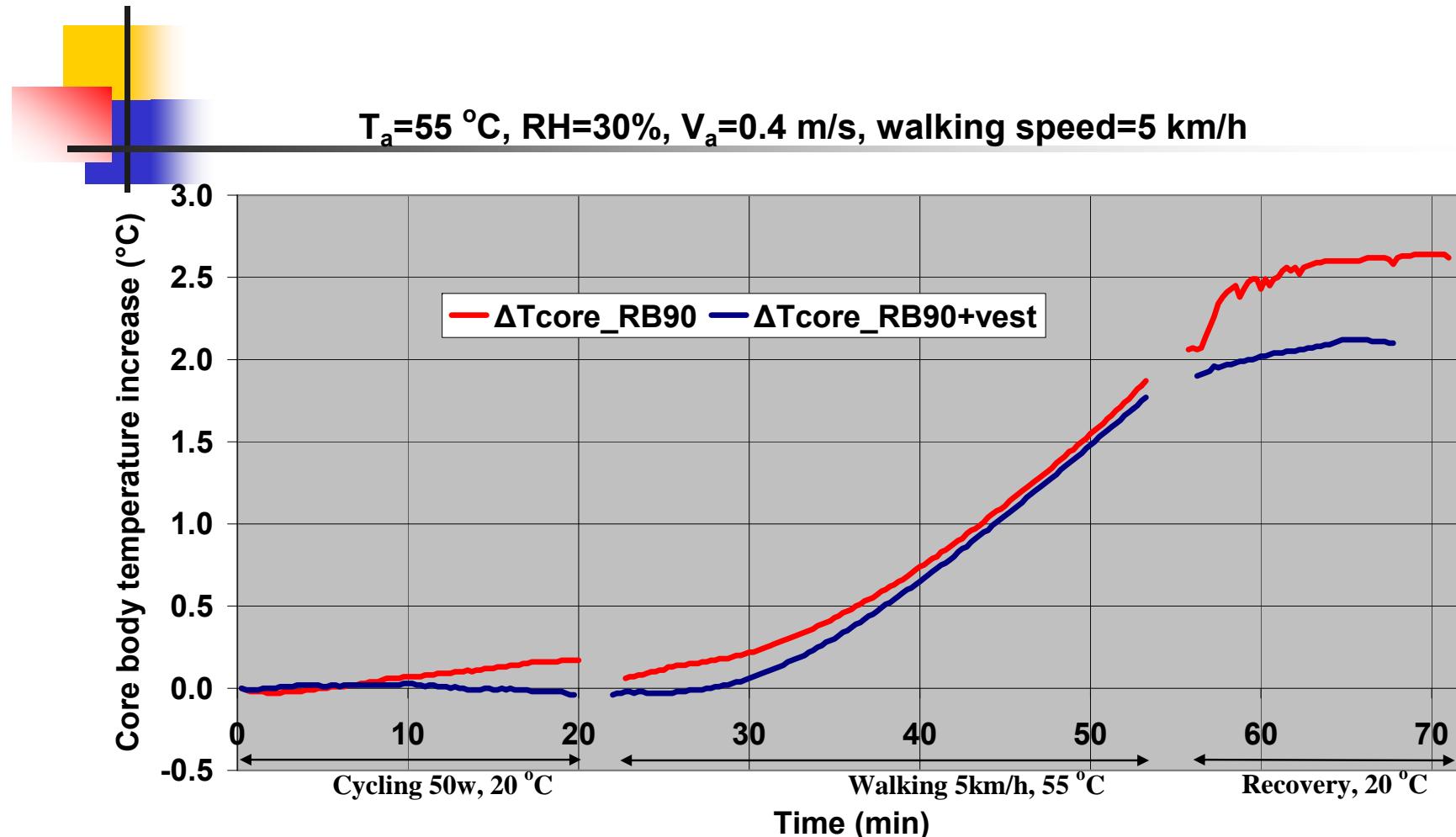
# Result: Body core temperature on subject 2



## Result: Change in body core temperature on subject 1



## Result: Change in body core temperature on subject 2



# Result: Average of two test persons in mean skin temperature

